

# Target Sprint Safety Certificate

## (Air Rifle-Target Sprint) 2018-2019



Expiry 31<sup>st</sup> Dec 2019

<b>Assessor:</b> (Target Sprint Educator, Leader or British Shooting Authorised Person.)	
Assessor Name:	County of delivery:
Assessor Email Address:	Assessor Signature:
	Date:

**ASSESSOR TO RETAIN THIS DOCUMENT.**

**ATHLETE TO RECEIVE TARGET SPRINT SAFETY CERTIFICATE CARD.**

**For more information: [www.TargetSprint.com](http://www.TargetSprint.com)**

I certify that (*name of athlete*) .....(D.O.B: .....)  
has satisfied the following requirements and is able to:

**Describe/State:**

	<b>GENERAL</b>	
1	The general format of a Target Sprint race.	
2	The basic clothing & footwear regulations and recommendations.	
3	Where to locate the Target Sprint website and Social Media channels for further information.	
	<b>SPRINTING</b>	
4	An understanding of the importance of warming up and cooling down to prevent physical injury	
5	An understanding of the importance of seeking advice and guidance from a formally qualified running coach.	
6	How changeable weather conditions may affect the ground condition and why caution when running should be taken.	
	<b>SHOOTING</b>	
7	An understanding that the person in charge of the Target Sprint range (Chief Range Officer) has overall control of the shooting area and that his/her decision is final.	
8	The infringements and penalties for: a. Handling or carrying an uncased air rifle in public areas. b. Having a loaded air rifle anywhere other than the firing point. c. Loading and handling the air rifle at the firing point with undue care and attention. d. Not placing the air rifle safely on the table or in the rifle rack provided, after the warm-up or shooting series. An understanding of why these are important.	
	<b>TRANSITION</b>	
9	An understanding of the importance of entering and exiting the shooting range safely.	
10	Mindfulness of other competing athletes, by not crossing their firing point boundary or impeding their running direction.	

**Demonstrate:**

1	The shooting position, raising, aiming, firing and lowering.	
2	How to make an air rifle 'safe' when uncasing, during use and before re-casing.	
3	How to enter and exit the Target Sprint firing point in a safe and controlled manner.	
4	An ability to keep the rifle pointing in a safe direction at all times.	
5	What to do in the event of an air rifle malfunction or loading error.	
6	Actions in the event of a 'stop' command.	

**Demonstrate:**

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COMPETENCY	
<b>1</b>	Accuracy – Consistently be able to hit either: <ol style="list-style-type: none"> <li>Within the scoring zone (within the 1 ring) of a 10m ISSF Air Rifle target, or equivalent size area on a paper target.</li> <li>A 49.5mm diameter size knockdown target, or smaller.</li> </ol>

### I (athlete) confirm that:

- I'm aware of the need for sportsmanlike behaviour, language and courtesy to others at all times when pursuing Target Sprint activity.
- I understand that this certificate **expires on 31<sup>st</sup> December 2019** and thereafter will require renewal.
- I'm required to bring my Safety Certificate Card attained here, to any British Shooting Target Sprint delivered event in order to compete. (And any competition where indicated in the entry information). If I fail to produce my Safety Card upon registration, I will be prepared to describe and demonstrate my safety and competency if required by the Chief Range Officer.
- British Shooting has the right to revoke the Certificate or request a re-test if, in the opinion of the Chief Range Officer, I have not reached the standard required. There is no right of appeal.
- If I lose my Target Sprint Safety Certificate Card, I can obtain another from British Shooting at a cost of £10. Contact: [admin@BritishShooting.org.uk](mailto:admin@BritishShooting.org.uk)
- I'm happy to be contacted via email by British Shooting only, with further information and opportunities.

Athlete Name:		Date:	
Signature:			
<i>(If the athlete is under the age of 18 years, signature of parent/guardian is required).</i>			
Full name of signatory if different from the athlete:		Relationship to athlete:	
Contact Email Address:		County in which the athlete lives:	

This certificate is only valid if all the above details are completed clearly and in full.

This certificate documentation will be retained by the Assessor until the expiry date. British Shooting reserves the right to request proof of this certificate documentation from the Assessor if required.

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**ATHLETE TO RECEIVE TARGET SPRINT SAFETY CERTIFICATE CARD.**

**OPTIONAL:**

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Version 7

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As part of the development of Target Sprint, British Shooting are looking to better understand the Target Sprint audience and their journey.

We appreciate you taking a moment to complete the below. Thank you.

<b>Q1. How did you hear about Target Sprint?</b> <i>(E.g. Through: Scouting, School, Army, Magazine, Facebook, Events.)</i>
Answer 1:
<b>Q2. Do you participate in other sports / activities, and if so what?</b> <i>(E.g. Running, swimming, football etc.)</i>
Answer 2:
<b>Q3. Have you previously been involved with shooting sport? If so how, where and when?</b> <i>(E.g. School-5yrs ago)</i>
Answer 3:
<b>Q4 What do you like about Target Sprint?</b>
Answer 4:
<b>Q5. Would you recommend Target Sprint to a friend?</b>
Answer 5: <i>Please circle</i> YES      NO