

British Shooting National Series 2020

Rules

1. Age Groups: Ages as of 31st Dec 2020

- YOUTH Women = (2005 – 2009) 15yrs_11
- YOUTH Men = (2005 – 2009) 15yrs_11
- JUNIOR Women = (2000 – 2004) 20yrs_16
- JUNIOR Men = (2000 – 2004) 20yrs_16
- WOMEN = (1976 - 1999) 44yrs_21
- MEN = (1976 - 1999) 44yrs_21
- MASTERS Women = (1975 >) 45yrs +
- MASTERS Men = (1975 >) 45yrs +

2. Race Format: For all individual categories:

400m Run, Shoot (standing only 10m air rifle), 400m Run, Shoot, 400m Run, FINISH

3. Heats/Finals: The format of each qualifying event will depend on time and capacity available. The format for each event will be communicated on the entry form/system. For example:

1. Heats and Finals on the day are to be adopted in each category.
2. Just Heats, and times taken straight from these will make up the final results in each category.

4. Targetary & Range Distance: 49.5mm knockdown targets, shot at a distance of 10m will be used throughout the National Series qualifying events, including the National Final.

5. Shooting Position: Standing shooting position for all categories. Competition air rifles will be left at the firing point at all time during each race. Competitors will be assigned a firing point where they will carry out each shooting session of their race.

6. Rifle Equipment:

6.1 Athletes may use their own air rifles, but they need to comply with the following:

- Maximum weight 5.5 kg.
- Maximum muzzle energy 7.5 Joules kinetic energy. All rifles must display the "F - in pentagon" mark to indicate power output compliance or have a manufacturers letter of kinetic energy compliance.
- Trigger pull – unlimited
- Non-optical front sight with interchangeable inserts
- Pneumatic, CO₂ or compressed air
- Dimensions – must comply with dimensions in the chart illustrated on the current ISSF Rules
 - NB. Hooks will be allowed. The 20mm restriction at point G of the current ISSF Rules will not be enforced.
- Repeater or magazine rifles are permitted, but they must be used as single loaders



N.B. The references "A" – "N" are the reference points as set out in the #ISSF OFFICIAL STATUTES RULES AND REGULATIONS (available at www.issf-sports.org) at rule 7.4.4.1 Rifle Measurements Diagrams of the ISSF EDITION 2017 | Second Print V1.2 01/2018 Effective January 1, 2017. However, the measurements set out below apply for the National Series.

A	Length of front sight tunnel	50mm
B	Diameter of front sight tunnel	25mm
C	Distance from center of the sight ring or top of post to center of bore either directly above or offset	60mm
D	Depth of fore-end	120mm
E	Lowest point of pistol grip	160mm
F	Lowest point of stock or toe of butt plate with the butt plate in its maximum downward position	220mm
G	Depth of curve of butt-plate	20mm
H	Heel to toe length of butt plate	175mm
I	Total thickness of fore-end	60mm
J	Maximum distance (horizontal) of cheek piece from centerline of barrel	40mm
K	Offset of butt plate parallel to the centerline of the normal end of the butt, left to right	15mm
L	Trigger weight (no set trigger permitted)	Free
M	Weight with sights (as configured for the position where it is the heaviest)	5.5kg
N	The front sight may not extend beyond the muzzle of the rifle or of any extension to the muzzle (barrel weight, sight extension)	
O	Total length of the Air Rifle system (from end of barrel or extension to rear end of the action or system)	850mm

6.2 Air Rifle equipment can be supplied by the organiser and will likely be an Air Arms MPR or equivalent.

6.3 If an athlete uses an air rifle supplied by the event organiser, the athlete may use their own pellet housing system. This must be agreed with the Event Organiser prior to competition. Any system must be easily assembled to and dismantled from the rifle, leaving no marks, trace, damage or alteration to the air rifle.

6.4 Any athlete using their rifle must bring their own air cylinder adaptor suitable to connect to a 200bar air bottle supply. The organisers shall have air cylinder adaptor available for use but only for their make and model of rifles/air cylinders.

7. Pellets: Only .177 flathead air pellets to be used and can be supplied by the organiser, or by the athlete.

8. Target Scoring: A target is deemed to score a “hit” when the athlete fires at and knocks down the target disc only. If a target malfunction is deemed by the Chief Range Officer, the athlete will be given the option to race again.

8.1 All National Final Races: Athletes must score hits on all five targets before they can continue running.

8.2 Event Series Races: Athletes must fire as many shots as are necessary to hit all five targets; however after having fired a maximum of 15 aimed shots at each shooting stage, the athlete can continue when instructed to do so by the Range Officer or Chief Range Officer. The recorded time will clearly be marked if a penalty is enforced or not, for unsuccessful targets hit(s) when the 15 shot maximum is exceeded. A penalty if enforced is 15 seconds for each unsuccessful target hit after the 15 shot maximum.

If no penalty is awarded for targets not knocked down, close supervision from the Chief Range Officer and Range Staff will be enforced, to ensure aimed attempts at hitting the targets are maintained at all times.

9. Coaching/Novice Athletes: Minimal experience is needed to compete in any of the National Series Events. Limited coaching will be available prior to race start times. Shooting training time will be included for all athletes prior to their race start.

10. Target Sprint Safety Certificate: All athletes who compete at a National Series event will be required to have a current Target Sprint Safety Certificate.

- a. If an athlete hasn't attained this prior to the event, there will be limited time allocated before competition starts. Also, please contact the Event Coordinator for further assistance. Event Coordinators contacts visit: <https://www.targetsprint.com/events>
- b. Athletes who attained a Target Sprint Safety Certificate in 2018 or 2019 are eligible to RENEW their Target Sprint Certificate ONLINE. Visit: <https://www.targetsprint.com/events/ts-safety-certificate>
- c. For more information about TS Safety Certificates, please visit <https://www.targetsprint.com/events/ts-safety-certificate>

N.B. The Chief Range Officer has the right to ask any athlete to demonstrate their safety and competence shooting at any stage. And has the right to stop an athlete competing or completing the race, if they deem the activity to be unsafe.

11. National Series Events 2020:

To view the 2020 National Series Qualifying events and information about the National Series Final, Visit www.TargetSprint.com/EVENTS

12. Event Participation:

- a. All athletes are allowed to compete in an unlimited number of British Shooting National Series Events throughout the 2020 season.
- b. Athletes who have been selected and competed for Great Britain in the past 2 years, including the current season, may only compete for honours. They won't be able to attain a medal or National Series Final qualifying place but will have their time recorded in the results. (Seasons applicable: 2018, 2019 & current 2020)

13. National Series Final, who qualifies?

13.1 The Top 5 available athletes in all categories advertised at each National Series Qualification Event, will win a Quota Place and therefore qualify for the National Series Final.

13.2 If one or more athletes finish in the top 5 and have already won a quota place for the National Series Final 2020 at a previous National Series Event, the Quota Place(s) will roll down the final results to the next eligible athlete(s).

13.3 If participation at the National Series Final in the combined Women & Masters Women categories is less than 6 athletes, the Women & Masters Women categories will be combined, however separate medals will be awarded. This also applies to Men & Masters Men categories.

14. Team/Pairs Event: Team/Pairs races will only happen if advertised at a National Series Event and will be delivered under the rules of that specific event. These races are NOT National Series Final qualifying events.

15. Be prepared:

- a. **Clothing:** No special shooting clothing is allowed. Eye blinders are allowed. Normal athletic clothing and footwear shorts/t-shirts, trainers/spikes etc. must be worn. **N.B.** Please note on the competition information if specific footwear is recommended or restricted according to the course surface.

- b. Physicality:** Target Sprint is a physical discipline, which combines physical and mental endurance. It is the responsibility of the athlete (or adult responsible for the competitor if the athlete is under the age of 16yrs), to be physically able to participate and complete the full Target Sprint Course safely.
- c. Warm-Up/Warm Down:** The event organiser throughout the National Series will allocate time for athletes to warm up. It is the athlete or responsible adult's responsibility to ensure suitable physical warm up and warm down activity is undertaken before and after each race to avoid injury.
- d. Running Course:** The running course and surface will vary according to the venue and weather conditions; e.g. flat, undulating, grass, tarmac, running track, wet, dry. Please refer to each competition's information.

16. Super League/GB Ranking Races: In addition to the National Series, British Shooting runs a Super League series. These races are run under the current ISSF rules and are separate to the National Series races. Results from these GB Ranking Races (not National Series) will be added to the 12-month rolling Target Sprint Ranking Lists. Performances listed in the Target Sprint Ranking Lists form PART of the GB Team selection criteria used by the Selection Panel.

For more information on GB Team Selection visit www.TargetSprint.com/Rules

17. British Shooting reserve the right to add/edit/change events as well as amend the 2020 National Series Rules, only if deemed fair to all competitors and communicated publicly via www.TargetSpint.co.uk

18. SECTION 21 of the Firearms Act 1968

Prohibits the possession of a firearm & ammunition (under any circumstances) by any person who has been convicted of a crime and sentenced to a term of imprisonment (or its equivalent for young persons) of three months or more. This is also applicable where sentence is suspended. The prohibition applies in all circumstances, including handling at an approved shooting range or at a clay pigeon shoot where a certificate is not ordinarily required. It also applies to the possession or use of other categories of firearms & ammunition such as airguns or shotgun cartridges for which a certificate is not needed.